

Social studies civil war

What soldiers ate during the civil war

What civil war soldiers normally ate during the civil war is Hard tack, salted pork or beef, coffee, dried fruits, parched corn, dried vegetables, vinegar, sometimes rarely soldiers found fresh foods such as carrots, onions, turnips, potatoes, fresh fruit. Hard tack is like a cracker like thing that last pretty much forever and was not expensive to make. I made hardtack. It doesn't really have a taste but if you put in broth or coffee it will soak up the broth or coffee and will have the flavor of the broth or coffee. Hard tack is made with whole wheat flour and water and salt mixed together and would probably either be baked over a fire or dutch oven for 30 minutes and then when done take out and let cool all the way then dip in your broth or coffee.



2.5 cups of whole wheat flour



1 teaspoon of salt



2.5 water



mix



roll out into a rectangle about 10 by 5 and half an inch thick



slice into squares about a size of a saltine



poke holes in the dough

Put on pan can be very close but not touching



put in oven for 30 minutes



take out of oven let cool for 20 minutes



dip in broth or coffee



eat

